

## WHS Athletic Mission Statement

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In the name of excellence and the spirit of competition, Woodbridge High School Athletics aims for a level of athletic performance that will frequently produce winning seasons and the realistic opportunity to compete for team or individual championships. The guiding principle behind WHS's Athletic Program is our belief in its educational value for our students. High School athletics promotes character traits of high value and personal development to support success in later life. These include adherence to codes of fairness and respect; embracing the discipline needed to reach high standards; learning to work with others as a team in pursuit of a common goal; and the development of those leadership skills necessary to take an individual's and team's talents to the highest level of performance. The Athletic Program's mission defines expectations both on the field and off. Our mission requires that athletes be students first, meet the requirements set forth by C.I.F., and make progress toward their college and career goals a priority.

## WHS Student-Athlete Advisory Council

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The WHS Student-Athlete Advisory Council is a student-athlete organization on campus whose purpose is to serve as a direct line of communication between each team and their coach, and the WHS athletic administrators. The council, made up of representatives from each athletic team and cheerleading, meets on late-start days to review, discuss and vote on expenditures for each athletic team, promote better communication and cohesion between teams, and discuss important issues related to their team and athletics (athletics website, WHS honor code, scholar-athlete, etc.)

## General Policy

Interscholastic athletics is a voluntary program. Students are not obligated to participate and participation is not required for graduation. A student is not required to have athletic grades for college entrance. Thus, competition in high school is a privilege and not a right. Therefore, it is the responsibility of the athlete to conform to standards established by the school's athletic teams.

## IUSD DISTRICT POLICIES/CIF RULES AND REGULATIONS

Alcohol, tobacco, narcotics, steroids or any other performance enhancing drug are detrimental to the athletic body. Any violation will be dealt with in a standardized manner per District Policy. If a student is convicted of participating in the above abuses (witnessed by staff members or found guilty by law enforcement persons), the following punishment will be administered:

First Offense: Suspension from the athletic team for 10 school days. At the end of this period, followed by counseling by the head coach, Athletic Director and Assistant Principal, a decision regarding further competition will be made.

Second Offense: Suspension from all athletics for the rest of the year.

Use of Steroids: IUSD Board Policy 5131.63 prohibits the use/abuse of androgenic/anabolic steroids or any other performance enhancing drug identified by the NCAA without the written prescription of a physician fully licensed in the state of California and recognized by the American Medical Association to treat a medical condition.

Conduct: A true athlete does not quit! If a student leaves a sport without approval from the coach or Athletic Director, the student will not practice or participate in any other sport during the current season. An appeal to this rule may be submitted to the Athletic Director for consideration.

Transportation: Transportation is provided for all teams traveling to other high schools. All athletes will ride the bus to and from the athletic event. Occasionally there will be days with early dismissals to athletic events. It is the athlete's responsibility to make up any school work missed.

Locker Rooms: Use locker rooms at your own risk. Athletes are encouraged to leave all valuables at home. WHS is NOT responsible for lost or stolen property left in the locker room.

CIF Rule #205.B Scholastic Eligibility - Minimum Requirements of any 9-12 graders: The student is currently enrolled in at least 20 semester periods of work. The student is passing in the equivalent of a least 20 semester periods of work at the completion of the most recent last regular grading period. If both the above are not met, the student is automatically ineligible and no probation period is allowed. The student has maintained during the previous grading period a minimum 2.0 GPA on a 4.0 scale in all enrolled courses.

Probation: IUSD Board Policy #6145.b: A student whose GPA during the previous quarter falls below the participation requirement is entitled to one 9-week probationary period. Decision on Probationary use must be decided on or before first scheduled contest. The student may continue to participate during the probationary period. If the student earns a GPA of less than 2.0 during any subsequent quarter he/she becomes immediately ineligible without provision for probation and remains ineligible until all requirements are met.

Uniforms/Equipment: No athlete will be allowed to tryout or play on any athletic team until all uniforms and equipment which were previously issued to that athlete are returned or paid for. The athlete will not be allowed to participate in any award ceremony or receive a letter or trophy of any kind until his/her obligations have been met.