



# WOODBIDGE HIGH SCHOOL

2 Meadowbrook Irvine, CA 92604 949.936-7800

Attendance Phone: 949.936-7801  
Administration Fax: 949.936-7809

Athletics Fax: 949.936-7969  
Counseling Fax: 949.936-7819

2016-2017

Dear Parents/Guardians:

IUSD's Guidance Resources department offers an innovative program to encourage the development of resiliency skills in young adolescents. These life skills help foster students' ability to communicate with peers and adults and effectively manage the stressful changes associated with adolescence. Research has shown that students who learn how to make healthier academic and social choices do better in school and are less likely to engage in risky behaviors.

Students involved in the program, entitled **Project Success**, will be provided opportunities to participate in individual and small group settings to address typical teen wellness concerns including: stress management, goal setting, conflict resolution, healthy relationships, developing self-control, and dealing with loss and/or major life transitions, etc. These activities are designed to improve students' self-esteem, healthy behaviors, attendance, and organizational and social skills. An important component of the program is having students learn how to better relate to peers, adults, and to themselves. This builds students' school connectedness and positive feelings towards school and prepares them for high school and postsecondary education and employment. IUSD staff and a qualified support specialist, who are provided by IUSD's Guidance Resources Office, facilitate program activities.

Our Support Specialist works collaboratively with school counselors, administration, and teachers to ensure an understanding of each student's needs while making sure each is being impacted in a positive way. The program builds and supports a positive school climate while promoting student development and academic success.

*Please note that participation is voluntary and you or your son/daughter have the right to withdraw from the program and/or survey at any time.* Our school is strongly committed to your student's wellbeing and success. Your cooperation and support are greatly appreciated. Thank you for your involvement.

If you would like your son/daughter to participate in Project Success, please sign below. If you desire more information about the program, please contact our School Coordinator, Elizabeth Taylor at 949-936-7816, or our Support Specialist, Soraya Abri, 949-936-7828.

Sincerely,

Principal  
Chris Krebs

School Coordinator  
Elizabeth Taylor

Project Success Specialist  
Soraya Abri

-----  
Student Name:

Grade:

( ) Yes, please allow my son/daughter to participate in Project Success.

( ) No, I do not want my son/daughter to participate.

\_\_\_\_\_  
Parent/Guardian Signature

Date:

-----  
Established . . 1980

California Distinguished School  
Nationally Recognized Exemplary School



# Parent Feedback

1. Things I really enjoy about my student(strengths) are:

2. My concerns about my student are:

a. At school:

b. At home:

c. Others:

3. Parent opportunities and awareness programs I would be interested in:

- Discipline
- Homework/Behavior Contracting
- Personality Types
- Drug/Alcohol Awareness
- Communication Skills
- Dealing with Anger/Conflict Resolution
- Legal Rights and Responsibilities of Parents Regarding Juveniles
- An Ongoing Support Group for Parents (6 weeks)
- Domestic Violence in Teen Dating
- A Personal Meeting with Project Success Staff
- Others \_\_\_\_\_

4. Other Concerns/ comments:

**Please Return This Form To: Soraya Abri, Support Specialist or Elizabeth Taylor, School Coordinator as soon as possible.**

**Thank You!!**