



Save the Date!

Upcoming 2017-18 Parent and Student Workshops/Events

The Woodbridge High School Counseling Department welcomes you to the 2017-18 school year! Our mission is to help every student to acquire a sense of social emotional, academic, and college and career empowerment in order for them to reach their fullest educational potential and successfully manage their lives as healthy, responsible, competent, and productive citizens who respect themselves and others. **In an effort to keep students and families informed, we hope that you will find these upcoming programs and resources valuable.**

Senior Programs

August 15 – (1:00pm-3:00 pm, Theater)

College Planning Workshop: Seniors who are still looking for college options at the start of their senior year should plan to attend this workshop during summer re-registration week. Topics presented by college admissions representatives themselves will include: what colleges are looking for and out of state college options. Following the presentations in the theater, there will be a mini college fair in the main quad. Parents are welcome to attend with their students!

September 5 – November 29 (Tuesdays during Tutorial in room F202)

Private/Out of State College Recommendation Workshops – Students will receive information from counselors on navigating the recommendation process required for many private and out of state colleges. Information will include how to obtain letters of recommendation and send transcripts.

This workshop is **required for students requesting letters of recommendations and/or secondary school reports required by *some* private, out of state, and **all** Common Application affiliated universities. Students must attend one of these workshops **at least 3 weeks prior to their first deadline!**

****The September 5 and September 12 workshops will be held in the theater and are reserved and required for seniors requesting Secondary School Reports and Letters of Recommendation for October 15 and November 1 deadlines only. Students are only required to attend one workshop; the content is the same for all presentations. Workshops following the first two 9/5 and 9/12 presentations will be held in room F202.**

December 1- Last Day to Request a Letter of Recommendation or “school report” from counselors.

September 29

12th Grade Classroom Workshops – This workshop will include graduation and college planning information. All seniors will participate in this workshop during their regularly scheduled English classes.

September 25 (8:00am-10:00am, Theater)

12th Grade Parent Workshop- Senior Seminar for Students/Parents. This workshop will begin with a general overview of graduation and college requirements. Following the general presentation, a variety of break-out sessions will be held exploring the following areas: UC/CSU specific requirements and application process, Private and Out of State University requirements including Common Application information, and community college information and application process.

October 4 (6:00pm-8:00pm, Staff Lounge)

FAFSA Line by Line and CSS Profile Workshop- This workshop will include information regarding the Free Application for Federal Student Aid (FAFSA), the process to apply, and deadlines. The FAFSA is the single most important financial aid form filed by students and families for college and vocational schools. The CSS Profile is an online application required by some private universities and scholarship programs to award institutional aid funds.

February 15 (Tutorial, 4th Period, Lunch, 5th Period, Media Center)

Specialty College and Career Fair- Students will be able to visit with community college and specialty college representatives (i.e. culinary art schools, trade schools, art, cosmetology etc.) Local employers will also be taking applications for jobs on site during the fair. **Please contact the College and Career Center Coordinator to sign-up for this event.**

Junior Programs

October 14 (9:00am)

PSAT-Preliminary Scholastic Aptitude Test. Sign up for the PSAT by paying \$30 during Registration, August 14th—August 17th, on your Registration form.

February 5 (8:00am-10:00am, Theater)

11th Grade Parent Workshop- This workshop will introduce families to a general overview of graduation and college requirements including information on college admission and placement testing, UC and CSU specific requirements, Private and Out of State University requirements, Community College information, researching and selecting “good fit” colleges and universities, and Career Pathways.

November 16 & May 18

11th Grade Classroom Workshop –Students will be introduced to college admission information, college planning timelines, college and career planning tools, they will complete a Career Interest Inventory, and review their academic records. All juniors will participate in this workshop through their regularly scheduled US History classes.

January 11 (6:30pm-7:45pm, Staff Lounge)

PSAT Scoreback Night-Preliminary SAT Scores will be distributed and information will be disseminated on “How to Understand Your PSAT Scores.”

February 15 (Tutorial, 4th Period, Lunch, 5th Period, Media Center)

Specialty College and Career Fair- See description under “Senior Programs.”

March 6, 13, 20 (Tutorial, Theater)

College 101 Informational Sessions- The counseling department will be offering optional but strongly recommended college planning workshops. Topics include “Choosing your Major”, “College Search Tools” and “College Planning for your Senior Year”

April 18

11th Grade 2018-2019 Course Registration Materials distributed through homeroom

April 19-April 24

Counselors available at lunch to address 11th grade 2018-2019 course selection questions

April 27

11th Grade 2018-2019 Course Selection Sheets due to counseling office by 3:15pm

May 23 (6:00pm-9:00pm, Staff Lounge)

Out of State College Fair & Understanding Financial Aid Workshop for 11th grade Parents and Students– This workshop will begin with basic financial aid information, the process to apply, deadlines, and an overview of the various types of financial aid. The workshop will conclude with an introduction to “RACC” Colleges. The Regional Admission Counselors of California (RACC) is composed of college admission professionals who represent colleges and universities outside the state of California and will be available to provide information on educational opportunities out of state to families. Breakout sessions providing additional information on “How to Write a College Essay”, “What are Colleges Looking for in Applications”, and “SAT/ACT Prep” will also occur at this informative event.

Sophomore Programs

October 14 (9:00am)

Practice ACT. Sign up for the Practice ACT by paying \$20 during Registration, August 14th- August 17th, on your Registration form.

October 18 (8:30am-10:00am, WHS Theater)

10th Grade Parent Workshop-Topics to include high school graduation, college and career planning.

October through June High School Planning Conference- Academic, college, and career planning conferences for parents/students. An individual academic high school plan will be created. (Parents will be notified of date and time by mail from counseling, approximately 2 weeks prior to the appointment date.)

January 11 (6:30pm-7:45pm, Media Center)

PACT Scoreback Night-Practice ACT Scores will be distributed and information will be disseminated on "How to Understand Your PACT Scores."

February 15 (2:15pm – 4:15pm, Media Center)

Specialty College and Career Fair- See description under "Senior Programs."

March 21

10th Grade 2018-2019 Course Registration Materials distributed through homeroom

March 22-March 27

Counselors available at lunch to address 10th grade 2018-2019 course selection questions

March 28 & March 29

10th Grade 2018-2019 Course Enrollment through World History Classes

Freshman Programs

February 14 (8:30am-10:00am, WHS Theater)

9th Grade Parent Workshop-Topics to include detailed information regarding high school graduation, college, and career planning.

February 15 (12:30pm – 3:30pm, Media Center)

Specialty College and Career Fair for Students- See description under "Senior" workshops.

February 23

9th Grade Student Workshop - Topics to include career guidance and transcript review. Attendance for all students will occur in English classes.

March 7

9th Grade 2018-2019 Course Registration Materials distributed through homeroom

March 8- March 13

Counselors available at lunch to address 9th grade 2018-2019 course selection questions

March 15 & March 16

9th Grade 2018-2019 Course Enrollment through Science Classes

Additional Programs and Services

College Representative Visits- Junior and Senior students will be able to visit with representatives from colleges and universities throughout the year. Notification of visiting campuses will be available through Naviance, in the College and Career Center, and on the counseling website via the College & Career Newsletter.

Project Success- Students involved in Project Success will be provided with opportunities to participate in a variety of activities including: individual and small group counseling, peer leadership, community service, informal mentoring, and other activities, based on student need. These activities are designed to improve students' self-esteem, healthy behaviors, attendance, organizational and social skills. For more information, please contact the Project Success Counselor.

Career Lunches (Dates: 9/28, 10/26, 11/30, 12/21, 2/22, 3/29, 4/26), During Lunch/Media Center)-Students have the opportunity to interact on a monthly basis with industry representatives from a variety of occupational areas.

Tranquil Tuesdays (Dates: 9/19, 10/24, 12/19, 2/20, 3/20, 4/24, 5/22, During Lunch/ Upper Gym) – Students will have the opportunity to participate in a yoga program designed to relieve stress.

Wellness Wednesdays (Dates: 9/13, 11/15, 1/10, 3/14, 5/9), During tutorial, Location TBD)- Students have the opportunity to learn about mental health and wellness through these interactive workshops hosted by our Wellness Coordinator. Topics include physical, social, emotional, intellectual, environmental, and financial wellness. For more information, please contact the Wellness Coordinator.

After School Tutoring Center- The tutoring center is open September 11 through May 31, Monday through Thursday from 3:15-5:15 (with the exception of holidays and minimum days). Academic support is provided by peer and teacher tutors in all subject areas.

September 6 (6:00pm-6:30pm, Theater)

Back to School Night, WHS Counseling Informational Panel- for *families NEW to IUSD* and those interested in learning more about WHS Counseling Programs & Services.

California Scholarship Federation

September 14 (Lunch, Large Gym)

Fall Membership Meeting- For 10th-12th grade students only- Learn about the CSF requirements and the application process. Applications Due September 18th, 19th, and 20th. No Exceptions.

February 22 (Lunch, Large Gym)

Spring Membership Meeting- For 9th-12th grade students- Learn about the CSF requirements and the application process. Applications Due February 26th, 27th, 28th and March 1st. No Exceptions.

*For questions concerning CSF, contact Natalie Greely or Camera Kem in counseling

November 6 (Lunch, Main Quad)

Military Day-Military reps from the six branches of service (Air Force, Marines, Army, Navy, Coast Guard, National Guard) will be on campus during lunch in the quad to talk with students about opportunities for education, career training, and more. The military staff will have interactive games and activities to share with students. For more information, please contact the College and Career Center Coordinator.

November 9 and March 21 (Lunch, Media Center)

Job Training Skills Workshop- Students, looking for a job? Don't know where to begin? The WHS Counseling Department, in collaboration with ROP, and the City of Irvine Youth Employment Services will be offering this workshop to address topics such as: Resume Writing tips and using the resume tool in Naviance, tips and tricks for completing a

job application, a review of sample job applications, how to exhibit professionalism before, during, and after the interview, critical skills necessary to maintain a job, and how to obtain a work permit. For more information, please contact the ROP Coordinator.

April 12 (Lunch, Theater)

Summer School Workshop-This workshop will inform students about the summer school registration process and course options.

April 18 (6:00pm-7:30pm, Large Gym)

AP/Honors Night-In an effort to help WHS families make the most informed decision about course selection for the coming school year, the WHS Counseling Department in collaboration with each academic department will be hosting an AP/Honors Information Night. Topics to be discussed will include the benefits of pursuing AP and honors courses, AP/Honors course offerings at WHS, expectations for AP/Honors classes, and making informed course selections. Representatives from WHS academic departments will be available to answer questions about their AP classes.

As a reminder, WHS counselors are here to help you with

- College Planning
- Academic Questions/Concerns
- Social/Emotional Support
- Referrals and Resources

For new and updated information regarding Counseling programs and resources, please visit:

<http://whscounseling.weebly.com/>

Counseling Office Phone Number: (949) 936-7816